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- The use of Sthenorex in Adults and Old People in General Practice
- Therapeutic Action of a Pollen Extract
- Utilisation du Sthenorex chez les adultes et les personnes agees en medicine generale (Sthenorex use in Adults and the Elderly in General Practice; French version)

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- Comparison of Saw Palmetto (extract and whole berry) and Cernitin on prostate growth in rats
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- A systematic review of Cernilton for the treatment of benign prostatic hyperplasia. (ABSTRACT)
- Acid Phosphatase Levels in Serum during Transurethral Prostatectomy
- Alterations in the Intraprostatic Hormonal Metabolism by the Pollen Extract Cernilton®N
- Alternative medications for benign prostatic hyperplasia available on the Internet: a review of the evidence for their use
- Alternative Therapies for Benign Prostatic Hyperplasia
- An Analytical Study on Fatty Acids in Pollen Extract
- Benign Prostate Diseases- Possibilities and Limitations of Phytotherapy for Benign Prostatic Hyperplasia (BPH): Results of Treatment with Cernilton® N for Stages 1-3 according to Alken (or II-IV according to Vahlensieck)
- Biometric Analysis of a Retrospective Documentation Study of Cernilton® N in the Treatment of Patients with Chronic Symptomatic Prostatitis
- Cernilton for Benign Prostatic Hyperplasia
- Cernitin™ - A microbiological digest
- Chronic Prostatitis
- Clinical effect of Cernilton in chronic prostatitis (ABSTRACT)
- Clinical evaluation of Cernilton in Adenoma of the Prostate
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- Clinical evaluation of Cernilton in chronic prostatitis
- Clinical evaluation of cernilton in the treatment of the benign prostatic hypertrophy
- Clinical evaluation of Cernilton on benign prostatic hypertrophy-a multiple center double-blind study with Paraprost
- Clinical Evaluation of Long-Term Treatment Using Cernitin Pollen Extract in Patients with Benign Prostatic Hyperplasia
- Clinical evaluation of the effect of tamsulosin hydrochloride and cernitin pollen extract on urinary disturbance associated with benign prostatic hyperplasia in a multicentered study
- Clinical evaluation of cernilton in the treatment of the benign prostatic hypertrophy (ABSTRACT)
- Clinical experience on treatment of chronic prostatitis with cernilton tablet (ABSTRACT)
- Clinical experience with Cernilton by means of double blind test
- Clinical Research with Phytotherapeutic Drugs in Benign Prostatic Diseases
- Conservative treatment of benign prostatic hyperplasia (BPH) with Cernilton N - Results of a placebo-controlled double-blind study
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• Inhibition of Growth of Human Benign Prostatic Hyperplasia by Cernilton N in the Nude Mouse Model
• Inhibition of the Arachidonic Acid Metabolism by an Extract from Rye Pollen
• National Research Council for Health Landmark Prostate Research Cernitin™ for Benign Prostatic Hyperplasia
• Neue Perspektiven in der Behandlung der BPH Cernilton (New Prospectives in the Treatment of BPH; German version)
• Neue Perspektiven in der konservativen Behandlung gutartiger Prostataerkrankungen (New Prospects in the Conservative Treatment of Benign Prostate Disease; German version)
• Oft gemeinsame Ursache: Prostatitis und Adenom (Often Common Cause: Prostatitis and Adenoma; German version)
• Pharmacological Studies on Cernilton, a new remedy for prostatitis and prostatomegaly (2)
• Phytopharma-Therapie der benignen Prostatahyperplasie (Herbal Therapy of Benign Prostate Hyperplasia; German version)
• Phytotherapeutic Agents in the treatment of Benign Prostatic Hyperplasia (ABSTRACT)
• Phytotherapy for benign prostatic hyperplasia (ABSTRACT)
• Phytotherapy of BPH with Cernilton ® N-Results of a Controlled Prospective Study
• Phytotherapy in Chronic Prostatitis
• Plant extracts in the medical management of benign prostatic hyperplasia: fact or fiction? (ABSTRACT)
• Pollen – an interesting raw material
• Prostatitis
• Quantitative Evaluation on the Effectiveness of Cernilton® on Benign Prostatic Hypertrophy
• Regulation of Prostate Growth in Culture with the Pollen Extract, Cernitin T-60, and the Impact of the Drug on the EGF Tissue Profiles
• Report on the clinical evaluation of “Cernilton” preparations in cases of chronic prostatitis
• Results of Treatment with Pollen Extract (Cernilton ®) in Chronic Prostatitis and Prostatodynia
• The Treatment of Benign prostatic Hyperplasia with Phytopharmaca-A comparative study of Cernilton vs. β-sitosterol
• Therapeutic Results of Defined Pollen-Extract in Patients with Chronic Prostatitis or BPH Accompanied by Chronic Prostatitis
• Treatment of Benign Prostatic Diseases
• Treatment of chronic abacterial prostatitis: a review (ABSTRACT)
• Treatment of Chronic Prostatitis and Prostatodynia with Pollen Extract
• Treatment of Chronic Prostatitis and Prostatodynia with Pollen Extract (ABSTRACT)
• Treatment of Outflow Tract obstruction Due To Benign Prostatic Hyperplasia with the Pollen Extract, Cernilton - A Double-blind, Placebo-controlled Study
• Use of “Cernilton” in patients with prostatic hypertrophy (ABSTRACT)
• Use of Cernilton in Patients with Prostatic Hypertrophy
• Use of Natural Products to Treat Benign Prostatic Hyperplasia (BPH) and Chronic Non Bacterial Prostatitis: Emphasis on Cernitin
• Usefulness of Cernilton in the treatment of Benign Prostatic Hyperplasia
• Voruntersuchungen über die Behandlung der benignen Prosata-Hyperplasie und der Prostatitis mit pollen-Extrakten (Kurzfassung) (Preliminary investigations about the treatment of benign prosata hyperplasia and prostatitis with pollen extracts (short version; German version)

Flower Pollen Extract and its effect on the Respiratory Tract

• The effect of Cernitin on upper respiratory tract infections

Flower Pollen Extract and its effect on Urinary

• A Critical Review of Cernitin for Symptomatic Relief of Lower Urinary tract Symptoms (LUTS) in Men
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• Effects of Pollen-Extract Components, Diamines and Derivatives of Feruloylputrescine on Isolated Bladder and Urethral Smooth Muscles of Mice (ABSTRACT)
• Micturition activity of pollen extract: contractile effects on bladder and inhibitory effects on urethral smooth muscle of mouse and pig
• Results of Some Urological Problems with Cernilton

Flower Pollen Extract and its effect on Urinary / Bladder / Smooth Muscles

• Effects of Pollen-Extract Components, Diamines and Derivatives of Feruloylputrescine on Isolated Bladder and Urethral Smooth Muscles of Mice. (ABSTRACT)
Foreign Clinicals

- Cernitin 2003 (Japanese version)
- Cernitin Pollen-Extract (Japanese version)
- Etude de L'Activite Anti-Inflammatoire du Cernilton (Study of Anti-Inflammatory drug activity of Cernilton; French version)
- La Clinica Terapeutica- Studio farmacologico sul Cernitin GBX e Cernitin T60 (The Therapeutic Clinical; Italian version)

Immunomodulator Effects of Flower Pollen Extract

- New Immunomodulators with antitumoral properties- Isolation of active naturally-occurring anti-mitotic components of MR>1 KD from pollen extract T60

Metabolic Adaptation of Muscles

- Effect of Cernilton on Anaerobic Metabolism
- Effect of Cernitin™ and Hydrolysed Protein on Adaptation to Physical Effort in Subtropical Conditions
- Effect of Nutritional Substances* on Work Capacity During Stay In a Subtropical Climate
- Effects of Pollen Extract Upon Adolescent Swimmers
- Metabolic Adaptation of Muscles to Exercise, Vibration and Raised Temperature Under the Influence of Cernitin™
- Physical performance by weightlifters after consumption of nutritive preparations
- Prevention of muscle soreness by pretreatment with antioxidants
- The effects of pollen and protein extracts on selected blood factors and performance of athletes
- The influence of the application of Pollitabs and Stark Protein on the physical efficiency of weightlifters